

# Learning Goals – Managing Oneself

Goal	Objective	Means of Achieving the Objective
MANAGING ONESELF (MO)	Self-Awareness (SA) Understanding one’s own strengths and weaknesses, personal values and cultural identity.	Leverage one’s own strengths and compensate for weaknesses in different situations.
		Identify and use collaboration when it is the most effective path to personal and group results.
		Demonstrate persistence and resilience in the context of disappointment and take steps to respond to failure.
	Creative Problem Solving (CP) Thinking beyond the obvious.	Use knowledge and experience from other disciplines/activities/situations in developing innovative and creative solutions to a current situation.
		Be open and responsive to new and diverse perspectives when developing solutions.
		Engage in productive brainstorming.
		Anticipate and evaluate outcomes—both expected and unexpected.
	Initiative and Accountability (IA) Willingness to take ownership of a task or process or assume leadership roles.	Establish clear goals for a task or process.
		Develop, initiate, and undertake an action plan for achieving goals.
		When working on a problem, take ownership for finding a solution through the appropriate processes.
	Take initiative within a group when appropriate, regardless of assigned role.	
	Seek opportunities to lead.	